

DEFIBRILLATOR (AED) TRAINING



RECOMMENDED FOR:

Any person holding responsibility for First Aid within their workplace or any person with an interest or desire to learn more about dealing with a sudden heart attack casualty.

COURSE OBJECTIVE:

To enable the First Aider to recognise and deal with suspected heart attacks anywhere that has the facility for the use of an Automated External Defibrillator (AED).

COURSE CONTENT:

- Recognising the signs and symptoms of a possible heart attack
- Understanding coronary heart disease
- Understanding the difference between a heart attack and a cardiac arrest
- How to deal with a cardiac arrest
- How to carry out CPR
- Understand how the heart signals relate to the AED
- Understanding survival rates
- Be able to fully understand and operate an AED

SKILL BASE:

- Be able to recognise the signs and symptoms of a possible heart attack
- Be able to tell the difference between a heart attack and a cardiac arrest
- Be able to deal with a casualty suffering a heart attack
- Be able to deal with a casualty suffering a cardiac arrest
- Be able to carry out CPR
- Be able to operate an Automatic External Defibrillator

COURSE REQUIREMENTS:

There are no pre-course requirements for this defibrillator training.

MEDICAL REQUIREMENTS:

A statement of medical fitness must be signed prior to starting the course. A reasonable level of fitness will be required to complete the practical element of this course.

COURSE INFORMATION:

- Valid for 3 years

- Duration of the training course is a half-day
- Quallsafe certificate available upon request according to the client's requirements