



## LADDER & STEPLADDER

### Aim

At the end of the course delegates will have a greater understanding of:

- Common causes of ladder and step ladder accidents
- Accident prevention
- Five simple steps to reduce the risk of a fall
- Ladder and step ladder selection and components
- Ladder set up, climbing and descending
- Ladder Inspection
- A better understanding of the Work at Height Regulations 2005 and when ladders should be applied under this directive
- Applying the conditions to their future work activities when working

### Course Duration

The course will be of half day duration and tailored to include client's internal procedures and documentation for inclusion within the presentation, prior discussion will be required prior to commencement of training.

### Certification

Delegates will receive an attendance certificate.

Underpinning knowledge will be established by Working at Height multi choice assessment and question and answers during presentation.